
Curriculum Vitae

John A. McCullagh

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APPOINTMENTS

2017-present Associate Professor
Department of Psychology
College of Mount Saint Vincent, New York City, NY

EDUCATION / TRAINING

2016-2017 Post-doctoral Residency
University Health Services, Mental Health Services
University of Wisconsin, Madison

2015-2016 Predoctoral Internship
University Health Services, Mental Health Services
University of Wisconsin, Madison

2016 Ph.D. in Counseling Psychology (APA Accredited)
University of North Dakota

2009 M.S. in Clinical Psychology
Radford University

2007 B.S. in Psychology
Texas Lutheran University

II. SCHOLARSHIP

Publications

McCullagh, J.A. & Unsworth, S.K. (2022). Counselor Self-Efficacy, Mindfulness, and Self-Compassion among Counselor Trainees. *BMC Psychology*. Under Review.

McCullagh, J.A. & Gray, J.S. (2018). Chapter 9: Cognitive-Behavioral Models, Measures, and Treatments for Anxiety Disorders in American Indians and Alaska Natives. In E.C. Chang, C.A. Downey, J.K. Hirsch, & E. Yu (Eds.), *Cognitive-Behavioral Models, Measures, and Treatments for Depression, Anxiety, and Stress in Ethnic and Racial Minorities*.

McCullagh, J.A. & Gray, J.S. (2017). Chapter 7: Ethnic Minority Psychology, Aging, and Caretaking of Family Members, in A. Blume (Ed.). *Social Issues in Living Color: Challenges and Solutions from the Perspective of Ethnic Minority Psychology*.

Gray, J.S., Peters, W.M.K., & **McCullagh, J.A.** (2016). Psychological Assessment Considerations for American Indians, Alaska Natives, and Native Hawaiians. *Monograph for the Council of National Psychological Associations for the Advancement of Ethnic Minority Interests (CNPAAEMI)*.

Gray, J.S., **McCullagh, J.A.** & Petros, T. (2016). Assessment of Anxiety among Northern Plains Indians. *American Journal of Orthopsychiatry*, 86 (2), 186-193.
<http://dx.doi.org/10.1037/ort0000103>

Gray, J.S. & **McCullagh, J.A.** (2014). Suicide in Indian Country: The Continuing Epidemic in Rural Native American Communities. *Journal of Rural Mental Health*, 38 (2), 79-86.
<http://dx.doi.org/10.1037/rmh0000017>

Professional Presentations

Archibald, M.E., Behrman, P., Yakoby, J., **McCullagh, J.A.**, & Torres, A. (2022). *The impact of residential instability and serious psychological distress on substance use disorders: Testing exposure and vulnerability hypotheses for Non-Hispanic White, African American, and Latinx populations*, Section on Drugs and Society, American Sociological Association Annual Meeting, Los Angeles, August 2022.

Archibald, M.E., Yakoby, J., Behrman, P., **McCullagh, J.A.**, Torres, A. (2022). *A Re-examination of the Minority Stress Model: Chronic Illness, Distress, and Long-term Disability among Non-Hispanic White, African American, and Latinx Populations*. Paper presented at the 2022 International Conference on Social Stress Research, Savannah, GA.

Giocondo, D. & **McCullagh, J.A.** (2021). *Mental Health Stigma, Self-Concealment, and Help-Seeking Attitudes*. Poster presented at the 2021 College of Mount Saint Vincent Honors Symposium, New York City, NY.

McCullagh, J.A., Villegas, D., Puac, J., Bell, D. (2019) *College Persistence: The Role of Integration and Self-Efficacy on Minority Student Success*. Poster presented at the 2019 EPA Convention, New York City, NY.

Chrishon, K., Bailey, T., Terrell, H., **McCullagh, J.A.** Lindsay, N. Oba, Y., & Navarro, R. (2014). *Examining the Impact of Race on Diagnostic Patterns at Admission and Discharge in Inpatient Settings*. Poster presented at the 2014 APA Convention, Washington D.C.

- McCullagh J.A.**, Lindsay, N. Oba, Y., & Navarro, R. (2014). *Career Development among College Students of Color: The Impact of Ethnic Identity, Experiences of Discrimination, and College Self-Efficacy on Career Aspirations*. Poster presented at the 2014 APA Convention, Washington D.C.
- Tabassum, N., Korkusca, J. & **McCullagh, J.A.** (2014). *Tattoo Subculture: Creating an Identity in the Context of Social Stigma*. Poster presented at the 2014 APA Convention, Washington D.C.
- McCullagh, J.A.**, Edwards, S., Unsworth, S. (2013, August). *Client Therapist Cognitive Style and Therapeutic Outcomes in Mental Health Therapy*. Poster presented at the 2013 APA Convention, Honolulu, HI.
- Pagano, L., **McCullagh, J.A.**, Austin, A., Fuller, L., Wettersten, K., Bailey T. (2013, August). *Development and Validation of the Scale of Atheist Microaggressions*. Poster presented at the 2013 APA Convention, Honolulu, HI.
- Bailey, T., Wettersten, K., Juanto, N., **McCullagh, J.A.**, Stufflebeam, C., Yang, J., Yaponjian, M. (2013, August). *Racial Microaggressions Experienced by Psychologists of Color: Interpersonal Impact and Professional Consequences*. Poster presented at the 2013 APA Convention, Honolulu, HI.
- Elliott, A., Aspelmeier, J., **McCullagh, J.A.**, Hempfling, J. (2008, April). *Childhood Maltreatment, Poly-Victimization, Psychological Distress in Male College Students*. Poster presented at the Radford University Undergraduate / Graduate Student Forum, Radford, VA.
- Hallett, A., Hogwood, M., **McCullagh, J.A.**, Turner, C., Bailey, S., (2008, April). *Assessing Psychopathy in Adolescent Offenders Using an Implicit Association Test*. Paper presented at the Southwestern Psychological Association (SWPA) Conference, Kansas City, MO.
- McCullagh, J.A.**, Turner, C., Bailey, S., (2007, April) *Assessing Psychopathy in Adolescent Offenders Using an Implicit Association Test*. Paper presented at the Psi Chi Undergraduate Psychology Conference, San Antonio, TX.

III. TEACHING AND TEACHING ASSISTANTSHIP EXPERIENCE

Teaching Experience

College of Mount Saint Vincent
 PSYC 430 Contemporary Psychotherapy Theory and Practice
 PSYC 103 Introduction to Psychology
 PSYC 355 Abnormal Psychology
 PSYC 347 Personality
 PSYC 327 Interviewing and Counseling

PSYC 302 Psychological Testing
 PSYC 375/475 Internship in Psychology
 ATH 581 Interviewing and Counseling (Art Therapy Graduate course)
 FYE 101 First Year Experience

University of Wisconsin, Madison
 CP 650 Theory and Practice of Interviewing

University of North Dakota
 RHS 200 Helping Skills in Community Services
 COUN 101 Career Counseling

Radford University
 PSYC 101 Introductory Psychology

Teaching Assistantship Experience

University of North Dakota
 SOC 326 Sociological Statistics
 COUN 518 Group Theory and Process
 COUN 510 Counseling Methods Lab

Texas Lutheran University
 SOCI 131 Introduction to Sociology

IV. CLINICAL EXPERIENCE

Psychologist **December 2021 – July 2021**
CHE Behavioral Health, New York City, NY

- Conducted individual mental health therapy with patients in a nursing home
- Conducted psychological assessment and diagnosis of patients
- Collaborated with doctors, nursing staff, and allied professionals to better coordinate care

Post-Doctoral Resident **August 2016 – July 2017**
University of Wisconsin Mental Health Services, Madison, WI

- Conducted individual mental health therapy
- Collaborated with primary care doctors and nurses as part of a weekly behavioral health rotation
- Co-facilitated interpersonal process groups
- Conducted brief interviews during triage hours in order to assess risk, and determine appropriate follow up care to most effectively address client mental health concerns
- Co-coordinated the practicum training program and provided group and individual clinical supervision to practicum students
- Co-led the doctoral internship supervision of supervision seminar

*Pre-Doctoral Intern***July 2015 – July 2016****University of Wisconsin Mental Health Services, Madison, WI**

- Conducted individual mental health therapy
- Worked with primary care doctors and nurses as part of a weekly behavioral health rotation
- Co-facilitated three interpersonal process groups and a dialectical behavior therapy group
- Conducted brief interviews during triage hours in order to assess risk, and determine appropriate follow up care to most effectively address client mental health concerns
- Engaged in campus outreach programming
- Provided individual clinical supervision for practicum students

*Doctoral Practicum Counselor, University of North Dakota***August 2014 – May 2015****Northern Lights Behavioral Health Clinic, Grand Forks, ND**

- Conducted intake evaluations and engaged in individual counseling with community clients
- Directly supervised Master's level students as they conducted counseling with clients, and provided students with live feedback through the use of "bug in the ear" technology
- Provided group supervision for Master's and doctoral level counseling psychology students that included elements of group process, role-playing, and didactic instruction

*Doctoral Practicum Counselor***August 2014 – December 2014****Sanford Mayville Medical Center Behavioral Health Rotation, Mayville, ND**

- Collaborated with primary care medical doctors and nurse practitioners to assess mental and physical health functioning of clients, and to assist in the planning and implementation of treatment interventions
- Conducted brief, symptom-focused behavioral health interventions to help clients develop strategies to more effectively manage physical and mental health issues

*Doctoral Practicum Counselor***August 2012 – May 2014****North Dakota State University Counseling Center, Fargo, ND**

- Conducted individual mental health, career, and academic counseling
- Co-facilitated various process, support, and psychoeducational groups: the Alcohol and other Drug Addictions group, Graduate Student Support group, Managing Your Mood group, and General Therapy group
- Responded to crisis calls as the on-call counselor for the NDSU campus by providing after-hours crisis counseling, conducting risk assessments and making appropriate referrals for acutely distressed students
- Engaged in campus outreach programming

*Mental Health Therapist***September 2009 – May 2011****South Bay Mental Health, Attleboro, MA**

- Conducted initial evaluations of clients' mental health problems, formulated diagnoses and treatment plans
- Provided individual, couples, and family therapy consistent with the treatment plan and identified therapeutic needs of clients in both office and community settings
- Managed a caseload of up to 48 clients

- Regularly collaborated with Department of Children and Families, Department of Mental Health, probation officers, as well as teachers and other school officials

Master's Clinical Intern

August 2008 – May 2009

Lewis-Gale Hospital Behavioral Health Ward, Salem, MA

- Assessed and documented patients' presenting problems, treatment history, and level of social support
- Engaged in individual short-term crisis counseling with patients
- Led process-oriented group therapy sessions to encourage patients to discuss their current issues of concern, their reasons for seeking treatment, and potential coping strategies
- Conducted family therapy sessions to assess and foster social support as well as to discuss discharge plans

Undergraduate Intern

May 2005 – August 2005

Children's Advocacy Center of Fort Bend, Richmond, TX

- Guided visiting family members through the process and policies of the center
- Researched and catalogued information on therapeutic interventions for children who have undergone trauma
- Developed outreach materials that the Center staff could use in order to promote increased awareness of child abuse and neglect